

Essential Wellness Outline

This membership includes the base Essential ShareWELL membership along with additional preventive sharing to help you stay on top of your health.

<i>Description</i>	<i>How it works</i>
Unshared Amount 1500/3000/6000	Eligible bills are shared 100% after Unshared Amount, per Sharing Request basis, with a safeguard limit of two maximum in 12 months. No cap on sharing limit per Sharing Request
Payment Options	Members can receive a debit card by email to pay for services or request a reimbursement.
Pre-existing Limitations	No sharing available in year 1 of membership for care not related to preventive sharing.
ShareWELL Health Share network	<i>Present as a self-pay patient at any provider</i>
Additional Perks	● 35% discount on high quality vitamins and supplements ● Convenient App to manage benefits ● Advocacy support ● Industry leading pricing transparency resources ● Attorney led bill negotiations ● End of life assistance \$10,000/\$5,000 ● Unshared Amount Reduction Program

Medical Conditions Existing Prior To Membership ShareWELL members have a waiting period for medical conditions that existed before the membership start date. A pre-existing medical condition limitation is applied based on the first date of active membership.

Any illness or injury for which a person has had any of the following occur:

- *Been examined*
- *Taken medication*
- *Had symptoms*
- *Received medical treatment*

Within 24 months prior to the effective date of the membership is considered a pre-existing condition.

Common Services	No Unshared Amount to be met
Telemedicine	\$0 Primary Care, \$0 Urgent Care, six annual counseling appointments, per household member
Preventive Screenings	<i>A variety of screenings for men and women</i>
Childwellness	<i>Up to age 4</i>
Child Immunizations	<i>Up to age 18</i>
Wellness Visits	No Unshared Amount to be met
Four visits of the following visits	<i>Per member, per membership year</i>
Physicals	<i>\$200 allowance</i>
Dermatologist checkup	<i>\$200 allowance</i>
Holistic clinician wellness visit	<i>\$200 allowance</i>
OBGYN Checkup	<i>\$200 allowance</i>
Cardiologist Checkup	<i>\$200 allowance</i>
Vision Screening	<i>\$200 allowance</i>
Adult Preventive Screening/Testing	No Unshared Amount to be met
Mammography or Thermography	<i>\$400 allowance per membership year</i>
Colonoscopy	<i>\$3,000 allowance starting at age 50 once every 5 years</i>
Cologuard	<i>\$681 allowance starting at age 45 once every 3 years</i>
Lifeline Screening	<i>\$249 allowance each membership year</i>

	towards lifelinescreening.com
Child Wellness	No Unshared Amount to be met
Wellness Visits	Up to age 5 with a \$200 per visit allowance
Childhood Vaccinations	Shared up to age 18 with an allowance found on https://www.cdc.gov/vaccines/programs/vfc/awardees/vaccine-management/price-list/index.html
Hospital & Facility Services	How it works
Inpatient room & care- semi private room rate; unlimited number of days in acute or skilled nursing facility	Meet Unshared Amount
Outpatient/Ambulatory surgery services	Meet Unshared Amount
Emergency room services for a medical emergency	Meet Unshared Amount
Long Term Care & Skilled Nursing	Meet Unshared Amount, Sharing is limited to 90 days per Sharing Request.
Diagnostic & Therapy Services	How it works
Labs	1,200 + Labs, No cost, At Quest Locations
Additional Labs & Testing Kits	\$150 Allowance per member, per year, \$600 max
Radiology	Meet Unshared Amount
Radiation Oncology services	Meet Unshared Amount
Advanced diagnostic imaging, MRI/CT/MRA/PET	Meet Unshared Amount
Pain Injections & Regenerative Procedures	\$5,000 allowance per Sharing Request
Specialist Visits	Addressing an issue not outlined as preventive, Meet Unshared Amount

Hormone Treatment & Therapy	<i>Eligible after an initial pre-existing waiting period with a one-time allowance of \$2,500</i>
Mental Health/Behavioral Health	How it works
Mental Health Emergency- panic attack, anxiety, bipolar, insomnia, paranoia, depression, overdose	Expenses for the first 24 hours of hospitalization are eligible once per member per lifetime of the membership with a \$10,000 sharing allowance.
Behavioral Health	Not eligible
Psychiatrist & psychologist services	Telemedicine, \$125 per appointment
Substance Abuse Treatment	Not eligible
Testing	How it works
Allergy testing (including serums, injections, and administration)	<i>Treatment for the relief or reversal of the long-term effects of an allergy is eligible after an initial pre-existing waiting period of up to a one-time allowance of \$2,000.</i>
Sleep Studies	<i>Eligible only if it is required to treat an approved Sharing Request</i>
Genetic Screening & Testing	<i>Eligible only if it is required to treat an approved Sharing Request, such as breast cancer.</i>
Other Services	How it works
Ambulance air or ground for emergency	<i>Meet Unshared Amount</i>
Chemotherapy	<i>Meet Unshared Amount</i>
Dialysis and supplies	<i>Meet Unshared Amount</i>
Durable medical equipment (including	<i>Meet Unshared Amount, 180 days from the</i>

orthotics/prosthetics)	<i>treatment start date, Medical supply costs must be over \$50 per item, with a maximum allowance of \$3,000 per Sharing Request</i>
Hearing aids	Not eligible
Home health services	<i>Meet Unshared Amount, allowance of \$3,000 per Sharing Request.</i>
Hospice services	<i>Meet Unshared Amount, eligible for 60-day periods with certification of terminal illness</i>
Medications prescribed after membership start date with no prior symptoms	<i>Meet Unshared Amount, Sharing in all prescription costs is limited to 12 months per Sharing Request.</i>
Contraception	<i>Eligible only if it is required to treat an approved Sharing Request.</i>
Sleep Apnea	<i>Expenses related to sleep apnea are eligible after the initial pre-existing waiting period with a one-time allowance of \$2,000.</i>
Alternative care services	How it works
Acupuncture	<i>Meet Unshared Amount, \$3,500 recovery allowance per Sharing Request</i>
Chiropractic care	<i>Meet Unshared Amount, \$3,500 recovery allowance per Sharing Request</i>
Alternative Treatments	<i>Meet Unshared Amount, Treatments that do not have a proven conventional treatment will be eligible for a one-time allowance of \$2,500</i>
Alternative Testing	<i>After the initial pre-existing waiting period, Meet Unshared Amount, all alternative testing programs and expenses are</i>

eligible, with a one-time allowance of \$2,000

Services with limitations	How it works
● Abortion ● Adult Immunizations ● Alcohol and Drug abuse treatment ● Birth Control ● Breast Implant Removal ● Diabetic Medication & Supplies ● Elective Procedures ● Fertility ● Hearing Aids ● IVF & Infertility ● Light Therapies ● Organ Donation ● Prophylactics ● Seasonal Allergies ● Surrogacy ● TMJ Therapeutics ● Transportation to Appointments ● Preventive Sterilization	<i>Not eligible</i>
● Arthritis ● Cataracts ● Celiac Disease ● Ear Tubes ● Hashimoto's ● Hormone and Hormone Therapy ● Chronic Pain ● Chronic Fatigue ● Irritable Bowel Syndrome ● Long-Covid ● Lyme Disease ● Preventive Mastectomy ● Mold Toxicity ● Osteoporosis ● Sleep Apnea ● Stem Cell Therapy ● Treatment For Non-Seasonal Allergies ● Basal & Squamous Cell Cancer ● Fusion Therapies and Treatments ● Joint Replacement ● TMJ Surgery ● Parasites ● Tonsil Removal	<i>Considered Pre-existing</i> ● Year One: \$0 (waiting period) ● Year Two: \$30,000 maximum per need ● Year Three: \$60,000 maximum per need ● Year Four: \$150,000 maximum per need. ● Year Five: The sharing maximum is removed for all pre-existing conditions.

Dental & Vision	How it works
Vision	<i>Vision hardware-related expenses, such as glasses and contacts, are ineligible for sharing. Expenses to correct refraction, including but not limited to Lasik, PRK, lens implants, and/or other surgical or non-surgical visual acuity procedures and treatments unrelated to cataract surgery, are also ineligible for sharing.</i>
Dental	<i>Dental services such as caps, crowns, root canals, fillings, wisdom tooth extraction, anesthesia, sedation, and cleanings are not eligible. However, tooth damage caused by an accident or injury (e.g., a car accident) may be considered for sharing.</i>
Maternity	How it works
Waiting Period	<i>Conception occurring within (30) days of the membership start date is ineligible for sharing</i>
Prenatal & Postnatal Allowance	<i>\$6,000 sharing allowance: Includes: Doulas, Doula Tub, Prenatal vitamins, Midwives, Immunizations for the mother, Pelvic floor services, Routine office visits Routine lab work, Fetal non-stress test (after 36 weeks) 2D, 3D, or 4D ultrasounds STD/STI screenings prescribed as part of routine prenatal care, Gestational diabetes, This includes care and medications related</i>

	<i>to treatment, breast pumps, lactation consultant, postpartum counseling, acupuncture, chiropractic care, 6-week post partum checkup, and 2 week cesarean post-op appointment.</i>
NICU (Neonatal Intensive Care Unit)	<i>For NICU admission the time limit for sharing is 35 days after birth.</i>
Newborn Congenital Conditions	<i>For children born from an eligible Maternity Sharing Request, sharing is limited to \$125,000 for medical bills related to congenital conditions after the initial hospital discharge.</i>
Diapers	<i>six-month supply of disposable diapers after delivery.</i>
UA Reduction Maternity Program	<i>Members with costs not exceeding \$10,000 for delivery, post-natal, and pre-natal expenses. ShareWELL will reduce the Unshared Amount responsibility by \$1,000.</i>

