

# ShareWELL Essential Wellness Guide

This guide will provide an overview of services that are included when preventive services are added.



## Preventive & Additional Sharing

These services do not require an Unshared Amount to be met.



### Preventive Screenings

A variety of preventive and alternative screening methods for both men and women.



### Doctor Visits

Sharing allowances available for wellness visits with a PCP, specialist, holistic clinician visits.



### Child Wellness Visits

Sharing allowances for additional child well visits.



### Child Immunizations

Sharing allowances for recommended childhood immunizations.



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# Preventive Screenings

Each preventive screening is available with a Sharing Allowance at certain ages.



## Cologuard

At age 45, members have a Sharing Allowance of \$681 for Cologuard once every 3 years.



## Colonoscopy

At age 50, members have a Sharing Allowance of \$3,000 for a colonoscopy once every 5 years.



## Mammograph & Thermography

At age 40, members have an annual Sharing Allowance of \$400 for mammography or thermography.



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# Office Visits

Each member receives four of the following types of visits each membership year with a Sharing Allowance of up to \$200 per visit. Family maximum of \$2,400 each membership year.



## Holistic Clinician

Members may use alternative clinicians and holistic medical approaches for the office visit allowance.



## Well-Women

An annual visit with an OBGY and the accompanying Pap test are included in the Sharing Allowance.



## Doctor Visits

Wellness visits with a licensed physician are included in the Sharing Allowance. Additional items billed with an office visit are included in the office visit allowance.



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# Children

The following services have a Sharing Allowance associated.



## Immunizations

The following childhood immunizations are available with a Sharing Allowance based on the CDC price list up to age sixteen.

|     |       |      |
|-----|-------|------|
| HPV | IPV   | VAR  |
| MEN | HIB   | DTaP |
| PCV | HEP A | Tdap |
| RV  | HEP B | MMR  |



## Well Child Visits

The Preventive Sharing Request Allowance for a child well visit is up to \$200. Additional visits are up to age four.

<https://www.cdc.gov/vaccines/programs/vfc/awardees/vaccine-management/price-list/index.html>



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# How it Works

The process to share funds for these services can vary depending on the type of service, the provider, and your preference.



## Instant Debit Card

Members can call and request an instant debit card to be emailed to pay for services in advance or at the time of service. Requesting self-pay discounts and providing a good faith estimate will help expedite the process and make you a savvy and responsible healthcare consumer.



## Reimbursement

Members can pay for the service as a self-pay patient requesting applicable discounts. Open a Preventive Sharing Request and provide the itemized bill and payment receipt to ShareWELL.



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