



# Virtual Urgent Care

# 24/7 access to doctors for treatment of common medical concerns

Welcome to Recuro's Virtual Urgent Care solution! We connect you with urgent care doctors through our app when you and your family need to see a doctor. All of our doctors are board-certified and are equipped to quickly treat any common medical concern.

Our urgent care solution provides unlimited 24/7 access with **zero out-of-pocket costs** for you and your family, ensuring that you get quality care when you need it, all from the convenience of your mobile device or computer.

Ear Problems	Headache
Fever	Pink Eye
Insect Bites	Respiratory Issues
Nausea & Vomiting	And More
	Fever Insect Bites

**Disclaimer:** Disclaimer: Recuro services are for non-emergency conditions only. Recuro services are not considered insurance or a Qualified Health Plan under the Patient Protection and Affordable Care Act. Recuro doctors do not prescribe DEA controlled substances (schedule I-IV) and does not guarantee that a prescription will be written. For updated full disclosures, please visit www.recurohealth.com

**Top Conditions Treated** 

ECURO

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### What's Included in Your Plan





Scan to Download App

#### 24/7 Access

Recuro physicians are available whenever our patients need them, day or night

#### **Primary Care Coordination**

Your Recuro urgent care and primary care physicians can easily transfer your information for seamless care

#### **Easy Prescription Pickup**

Your physician will send any prescribed prescriptions to your preferred pharmacy for easy pickup

#### Phone & Video Capabilities

Live video and phone call options let you receive care the way you prefer

#### **Visit Summaries**

Your medical visit is recorded and transcribed, allowing you to access your information at any time







# **Product Highlights**



ECURO

#### **Decrease Your Healthcare Costs**

Using virtual care in place of in-person visits decreases healthcare costs on average by 61%, letting you keep more money in your pocket



#### 24/7 Access to Care

Our physician network is available 24/7, 365 days of the year with members experiencing an average of only 9 minutes wait time to speak with a physician



#### Save Unnecessary Trips to the ER

30% of ER visits by members with a chronic condition are potentially avoidable, and can save you up to \$500 each time you use Virtual Urgent Care instead of visiting an ER



#### Same-Day Prescriptions

If your physician determines that you need a prescription, they will send it to your preferred pharmacy on the same day as your appointment when possible

\$0

#### Don't Skip Care Due to Costs

40% of Americans have delayed or skipped care due to the high associated costs of seeing a doctor. With Recuro spend \$0/visit

Get Started Online or in the App Scan QR Code

ECURO

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Request a Doctors Visit www.recurohealth.com Speak with Customer Service 1.855.6RECURO

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Scan to Get

Started

### **Need Immediate Help?**

Recuro doctors are available 24/7/365 by phone, mobile app, or online.





**NextGen Care** 

# Behavioral Health

## Collaborative Mental Wellness

Comprehensive behavioral health care from therapy and counseling to psychiatry and medication management, all delivered virtually.

# **Product Highlights**



#### Holistic

Primary care and behavioral health doctors collaborate closely to ensure coordinated treatment plans that care for the whole patient.



Pharmacogenetic (PGx) testing ensures the right behavioral health medication is prescribed, the first time.



#### Accessible

While today behavioral healthcare is difficult to access for so many, at Recuro it is available and affordable.





Therapy and Counseling



Risk Stratification



PGx Testing

Integrated Lab Testing

Primary Care Coordination





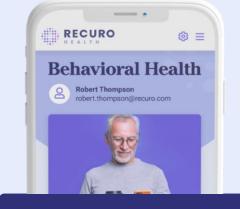




#### Virtual Care Platform BENEFITS

## **Conditions Treated**

- ADHD / ADD
- Anger Management
- Anxiety
- Bipolar Disorder
- Sleeping Disorders
- Smoking Addiction
- Substance Abuse
- Depression
- Stress
- Eating Disorders
- Grief & Loss
- PTSD
- OCD
  - And More





## Did you know?

Behavioral health visits are available within 48 hours<sup>\*</sup>, far more accessible than other options.

\*Subject to provider listed availability



## **Product Details**

#### **Psychiatry**

Psychiatry and behavioral health medication management.

#### **Integrated Prescriptions**

Prescriptions are immediately sent to the patient's preferred pharmacy for easy pickup.

#### **PGx Testing**

Pharmacogenetic testing to personalize the right medication and dosage for each patient, based on their genes.

#### **Health Risk Assessment**

Behavioral health-focused risk assessment including depressing and anxiety.

#### Therapy and Counseling

Therapy and counseling services from social workers and psychologists.

#### **Risk Stratification**

Analytics to identify those most at risk of behavioral health challenges to proactively engage and treat.

#### **Integrated Lab Testing**

Post-visit lab testing where needed, integrated within the Recuro platform.

#### **Primary Care Coordination**

Primary care and behavioral health can be integrated to provide holistic patient care.



#### **Integrated Benefits**

# Pediatric Behavior Health

Mental Wellness for Children & Families

Designed specifically to support kids and teens with a range of behavioral health needs.



# **Product Highlights**



#### Comprehensive Program

Multidisciplinary care teams provide personalized support through virtual visits with expert therapists and coaches and ondemand resources for parents and caregivers.



#### **Growing Need**

Mental health challenges among children have increased, which has had a profound effect on parents and caregivers.



#### Provides Key Support

Support parents and caregivers with the support they need to successfully manage both their personal and professional lives.









## **Product Details**

#### **Clinical Services**

Provides highly specialized pediatric behavioral health clinical services.

#### Parent Support

Self-guided and coach-supported skills training is available for parents and caregivers.

#### Virtual Options

Web-based, video, and on-demand care from healthcare professionals is delivered straight to any device.

#### **Personalized Plans**

EALTH

Personalized treatment from expert therapists and coaches provides help for conditions like anxiety, depression, ADHD, and disruptive behavior.



### **Issues Treated**

- School pressure
- Bullying
- Stress

- Anxiety
- Confidence
- Self-esteem





## Did you know?

80% of parents or caregivers reported that their children's disruptive behavior improved significantly.





**Integrated Benefits** 

# **On-Demand** Counseling

## Support for Everyday Challenges

Compassionate counseling for individuals with personal, family, and work-related concerns, so they are supported when navigating life's challenges.

# **Product Highlights**



#### **Flexible Support for Most Needs**

Access to guidance and resource referrals, whether an individual is a new parent, a caregiver, selling their home or needs legal advice.

#### **Mental Wellness** Counseling

Providing confidential, professional counseling sessions for a wide variety of concerns.



#### **Financial & Legal** Guidance

Legal and financial experts are available, in addition to in-app calculators for budgeting, loans, mortgages, and more.





Virtual Consultations



Legal Assistance



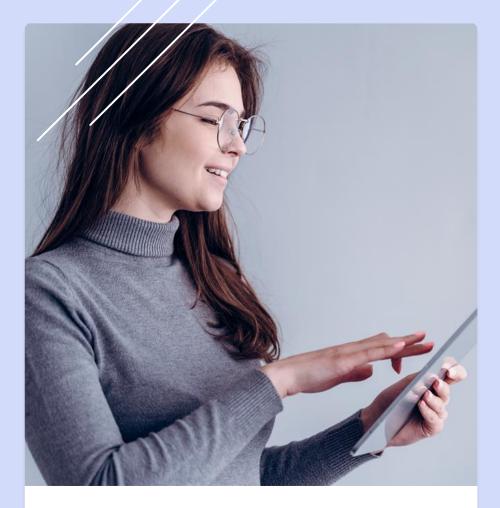


Face-to-Face









## **Product Details**

#### **Virtual Consultations**

Supporting individuals on topics such as caregiving, selling a home, legal advice and more.

Legal Assistance Free over the phone or faceto-face legal consultations.

#### Face-to-Face Referrals

Set number of in-person visits with a licensed behavioral health clinician.

EALTH

#### **Family Support Assistance**

Consultations and referrals for everyday issues such as dependent care, auto repair, pet care, and more.

#### **Financial Planning Advice**

Expert financial planning and consultation services.



#### Virtual Care Platform

BENEFITS

#### Anxiety

Cognitive therapy, medication recommendations and more.



#### Depression

Therapy and medication options are effective treatments.



#### Grief / Loss

Talk therapy and coping strategies promote healthy healing.



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#### **Marital Issues**

Counseling for navigating difficult challenges for couples.



Managing stress through multiple avenues and supporting other mental-heath challenges.

81%

Did you know?

EAP counseling has helped improve outcomes for 81% of users with depression.



**Integrated Benefits** 

# Prescription Benefit

## Medications for Less Cost

Recuro's prescription benefit includes \$0 copay medications for chronic conditions (with home delivery) and urgent care needs.

# **Product Highlights**



#### Reduced Health Plan Costs

Employer and health plan pharmacy expenditures are managed through a benefit that provides access to covered prescriptions at a PEPM rate.



#### Convenient Prescriptions

Members can pickup urgent care medications from the pharmacy with a conveniently placed digital card, or order ongoing medications by mail from the convenience of home.



#### More Favorable Health Outcomes

Increased adherence to care plans and follow through on medication pickup due to \$0 prescription copay model and ease of access.





# Extensive List of Prescriptions



Delivery

Easy-Memb

Easy-to-Use Member Portal









## **Product Details**

#### **Prescription Benefit Card**

Digital card that can be presented when picking up urgent care medications at a member's local pharmacy.

#### Home Medication Delivery

Mail order pharmacy for home delivery of covered chronic care medications.

#### Easy-to-Use Member Portal

An integrated member portal allows users to easily request home delivery of prescriptions.

#### **Broad Prescription List**

Access to approximately 65 generic urgent care prescriptions at no cost to the member.

#### **Extensive Pharmacy Network**

This benefit is accepted at over 70K retail pharmacy locations across the U.S.

#### Virtual Care Platform BENEFITS

### **Sample Medications**

- Albuterol
- Amoxicillin
- Atorvastatin
- Benazepril
- Cephalexin
  - Clindamycin
- Fluoxetine
- Lisinopril
- MetforminPrednisone
- Sertraline
  - Sucralfate
- RECURO REALTA CONSTRUCTION CONSTRUCTION



## Did you know?

Recuro's Prescription Benefit includes 95% of the top 200 most prescribed maintenance medications for the most common conditions?



